

Surrounding Community

The constitution of a group of volunteers in 2010 stimulated the beginning of the Project RQ-SOL. In it we have had several activities during these years, thus significantly contributing to the improvement and strengthening of the cooperation with the surrounding community.



Project evolution

The actions implemented with the local society, all take place in the areas identified at the beginning of the Project as being priorities: Education, Environment and Social.



Areas of the project RQ-SOL



Projects / Initiatives

- Tree plantation at the 35th anniversary of CECD (Education Centre for Disabled Citizens)
- Landscape renovation of Talude dos Limoeiros in Sintra on World Environment Day
- Maintenance of a plot of forest adopted in the Sintra-Cascais National Park
- Use of our swimming pool and supply of meals in our canteen to the youngsters of several local institutions
- Acquisition of one session of the play “The Little Prince” by Antoine de Saint-Exupéry, at Quinta da Regaleira in Sintra, and distribution of tickets to institutions in the Sintra district
- Participation and support at the annual picnic for senior citizens
- Creation of a Solidarity Christmas Tree
- Participation in food gathering campaigns promoted by the Food Bank against Hunger and “Missão Sorriso”
- Supply of food items to the squads of Mem Martins fire-fighters during the peak of the fire season
- Gathering of food items, blankets and toys for Diakonia, Comunidade Vida e Paz and Casa de Sant’Ana
- Improvement of the exterior spaces of EB 2, 3 Ferreira de Castro School in Mem Martins
- Sponsorship of the art corner of “Academia da Motivação” – a Diakonia project in Casal de S. José, Mem Martins
- Support of the food programme developed by the Sintra municipality
- Support the local group of schools of Mem Martins (general council, professional trainings, and honour and value boards for outstanding students)
- Training sessions with our fire extinguishers in various institutions and schools
- Acquisition of tickets to solidarity oriented ballets in favour of CECD and of Quinta Essência
- Painting of the day centre for seniors “Os Avós” in Sintra
- Painting of the CECD houses for disabled people.